

# Healthyfoodguide.com.au

[www.healthyfoodguide.com.au/gluten-free](http://www.healthyfoodguide.com.au/gluten-free)

both firms point out that some metals, such as copper, are still in short supply, and that the credit crunch will only make it harder to finance new mines

[www.healthyfoodguide.com.au/recipes](http://www.healthyfoodguide.com.au/recipes)

like lisvna said i too have never heard anything good from dogus or north cyprus ivf (please beware there have been a couple of bogus posters on here in the past)

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