

# Is It Better To Sit Or Squat While Pooping

it is important to recognize factitious disorders as evidence of psychological disturbance.

sit or squat to poop

when the testes and ovaries are young, they are held in place by the so-called cranial suspensory ligament, while holding on loosely is a second, measly ligament termed the gubernaculum

do you sit or squat on the toilet

is it better to sit or squat while pooping