

# Nestlehealthscience.us/intolerance

pregnancy is too big. pomegranate: in clinical study, an extract of pomegranate was shown to be as effective  
[nestlehealthscience.us/resources/map](http://nestlehealthscience.us/resources/map)

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it also has a low content of tannins, so it doesn't make a highly astringent tea, which can be a problem  
with some grades of black or green tea or when ordinary tea is steeped too long.

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