

# Www.medway.nhs.uk

[ilab-web.medway.nhs.uk](http://ilab-web.medway.nhs.uk)

[jobs.medway.nhs.uk](http://jobs.medway.nhs.uk)

[www.medway.nhs.uk/staff](http://www.medway.nhs.uk/staff)

[www.medway.nhs.uk](http://www.medway.nhs.uk) midwife

**[www.medway.nhs.uk](http://www.medway.nhs.uk)**

remember that you are your best advocate; do not doubt yourself and you will eventually find someone who can help you.

[www.medway.nhs.uk/our-services/maternity-services/how-to-contact-a-midwife](http://www.medway.nhs.uk/our-services/maternity-services/how-to-contact-a-midwife)